



RUSSIAN INTERNATIONAL SCHOOL

2021-2022 academic year

COVID-19 GUIDELINES FOR PARENTS

In accordance with **DHA and KHDA Protocols**, providing Health and Safety for all school process participants and preventing the spread of Covid-19, the below **Guidelines** are to be adhered by **Parents and Students**.

There are dedicated teams from DHA, KHDA as well as the Health and Safety Team at School ready to support you.

Parents channels of communication:

| | |
|----------------------|--|
| Hotline whats app: | +971-50-613-60-91 |
| Tel. administration: | +971-4-264-15-15 |
| Email: | parents.ris@dubairuschool.com |

What does COVID-19 Positive mean?

Someone who tests **positive** for COVID-19 as per the **PCR test**.

How to identify a Close Contact of a COVID-19 Positive case?

1. Living in the same household with a COVID-19 case.
2. Sitting next to the case in the bus or class.
3. Being in close proximity (1m) with the confirmed case for a period of more than 15 minutes.
4. Physically touching a person who has COVID-19 (for example shaking hands without washing or sanitizing afterwards).
5. Sharing or holding items after a COVID-19 case and not washing/sanitizing your hands afterwards.
6. Eating together (either side by side or across the table) in close proximity, or sharing utensils.

What would happen if a family member of the Student tests positive for COVID-19?

As per the updated DHA Protocol (dated 01.09.2021):

If a **Parent/Sibling** (a family member) tests **positive** for **COVID-19**, the Student is considered as a **Close Contact** and must **isolate for 7 days** at home.

As per DHA Protocol:

- **PCR test is not mandatory** for **Close Contacts**. Monitoring to look for symptoms is necessary.
- **Students as Close Contacts**, after completion of a **7-day quarantine**, can return **back to School** (if symptoms free) – **PCR Test is not required**.

What would happen if a Student tests positive for COVID-19?

With regard to any reported **positive confirmed COVID-19** case at School, the instructions are to be followed as per **DHA Protocol**.

- 1) The **DHA** would **be informed**. The **DHA** together with the **School Health and Safety Team** would trace **Close Contacts**.
- 2) **Student** would have to **quarantine for 10 days** and symptoms would be monitored.
- 3) **Student** who is in **home isolation** will continue his/her education through **Distance Learning**.
- 4) School would monitor all the procedures to ensure everyone's Health and Safety.
- 5) The child **cannot return to School** until he/she has **quarantined for 10 days**, and being free of any symptoms, has obtained the **DHA Clearance Certificate**.
- 6) The **DHA Clearance Certificate** must be sent to the school email: parents.ris@dubairuschool.com before returning back to School.

IF SHOWING SYMPTOMS OF COVID-19:

- **Covid-19 symptoms** - *fever $\geq 37.50^{\circ}$, cough, body ache or fatigue, shortness of breath, sore throat, runny nose, diarrhea and nausea, headache, loss of sense of smell or taste.*
- A **School Policy** of "**Staying at Home if Unwell**" for students showing symptoms of Covid-19 should be enforced.
- Staying at home if sick is the best thing to do in order to prevent spread of COVID-19.
- If feeling unwell, it is critical to stay at home and recover.

- If a student shows **symptoms of Covid-19 while at School**, he/she will be **instantly isolated** to the designated medical room; the **Parent/Guardian** of a Student will be **immediately notified**.
- If a Student/Staff Member shows **symptoms of Covid-19 while at home**, he/she must stay at home. Student's Parents should inform the Health and Safety Officer/School Management.

PRECAUTIONARY MEASURES AND HEALTH EDUCATION:

Educate children about Covid-19 Health and Safety instructions:

- symptoms;
- methods of transmission;
- protection measures (*face masks, hand hygiene, physical distance of 1 metre*);
- daily healthy routine/precautionary behavior.